

Determining the Effectiveness of an online FeNO-guided asthma management Intervention in primary care

Background:

We want to find out whether using the FeNO test during asthma reviews can help improve care for asthma patients and reduce costs to the NHS.

The FeNO test is a breath test which measures the amount of nitric oxide in the air you breathe out. Nitric oxide is an indicator of possible inflammation in the airways, which can sometimes be found in people with asthma. Many asthma medications aim to reduce inflammation to help prevent asthma attacks. The FeNO test is safe and non-invasive. It involves blowing out into a mouthpiece in one long, slow breath.

Who is eligible to take part?

We are looking for people with asthma aged 12 years and over who have their asthma reviewed at their GP surgery.

Why should you take part?

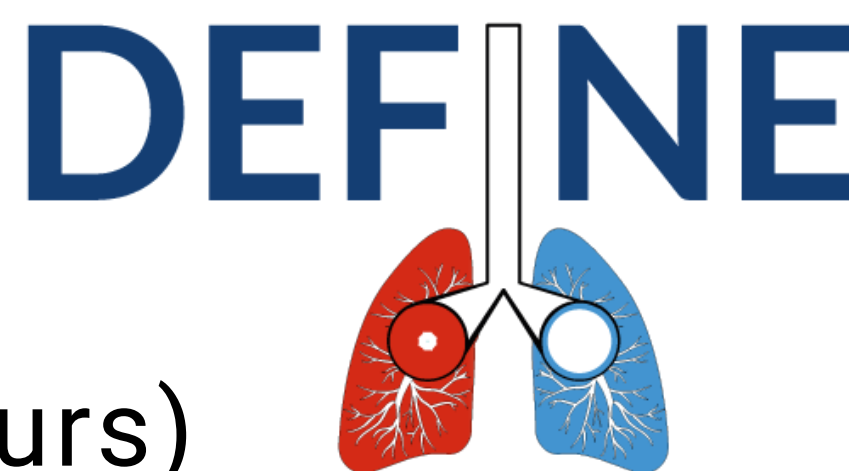
The main advantage of taking part is an opportunity for you to contribute to research to improve how asthma is managed in GP surgeries. We do not yet know whether the FeNO test will improve care for patients with asthma; that is why we are doing this research.

If you are allocated to the group of people who will be having the FeNO test, your healthcare professional will be able to consider your FeNO result alongside the other information they normally consider during your asthma review.

Contact:

define@phc.ox.ac.uk

01865 289350 (open office hours)



What does taking part involve?

- 1. Conversation about the Study.** A healthcare professional will talk with you about the study and ask if you have any questions about taking part.
- 2. Consent.** We will ask you to complete a consent form if you are happy to take part.
- 3. Randomisation.** You will then be randomly allocated to have your asthma review either with or without the FeNO test.
- 4. Peak Flow.** We will ask you to measure your peak flow when you enter the study and again one year later.
- 5. Questionnaires.** We will ask you to fill in some questionnaires about your asthma and general health when you enter the study and every three months after that for a year. If you fill in all our study questionnaires and provide us with a peak flow reading after a year, we will be able to offer you £10 in e-vouchers for online shopping or a suitable alternative.
- 6. Medical Notes.** We will collect some information from your medical notes shortly after you enter the study and again after about a year.

Determining the Effectiveness of an online FeNO-guided asthma management Intervention in primary care

Background:

We want to find out whether using the FeNO test during asthma reviews can help improve care for asthma patients and reduce costs to the NHS.

The FeNO test is a breath test which measures the amount of nitric oxide in the air you breathe out. Nitric oxide is an indicator of possible inflammation in the airways, which can sometimes be found in people with asthma. Many asthma medications aim to reduce inflammation to help prevent asthma attacks. The FeNO test is safe and non-invasive. It involves blowing out into a mouthpiece in one long, slow breath.

Who is eligible to take part?

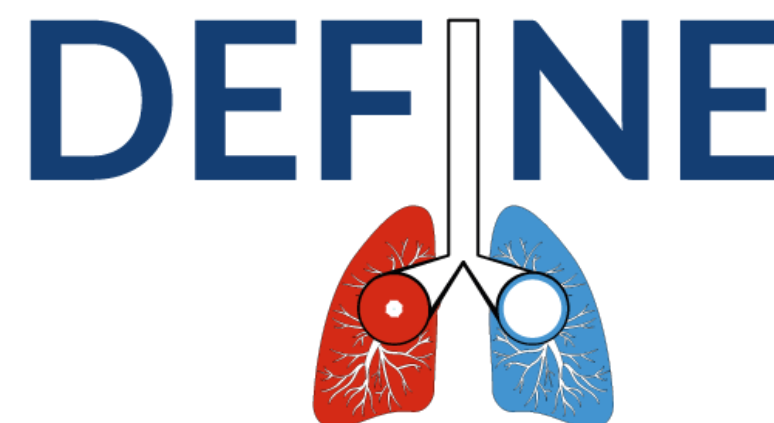
We are looking for people with asthma aged 12 years and over who have their asthma reviewed at their GP surgery.

Why should you take part?

The main advantage of taking part is an opportunity for you to contribute to research to improve how asthma is managed in GP surgeries. We do not yet know whether the FeNO test will improve care for patients with asthma; that is why we are doing this research.

If you are allocated to the group of people who will be having the FeNO test, your healthcare professional will be able to consider your FeNO result alongside the other information they normally consider during your asthma review.

Contact: define@phc.ox.ac.uk
01865 289350 (open office hours)



What does taking part involve?

- 1. Conversation about the Study.** A healthcare professional will talk with you about the study and ask if you have any questions about taking part.
- 2. Consent.** We will ask you to complete a consent form if you are happy to take part.
- 3. Randomisation.** You will then be randomly allocated to have your asthma review either with or without the FeNO test.
- 4. Peak Flow.** We will ask you to measure your peak flow when you enter the study and again one year later.
- 5. Questionnaires.** We will ask you to fill in some questionnaires about your asthma and general health when you enter the study and every three months after that for a year. If you fill in all our study questionnaires and provide us with a peak flow reading after a year, we will be able to offer you £10 in e-vouchers for online shopping or a suitable alternative.
- 6. Medical Notes.** We will collect some information from your medical notes shortly after you enter the study and again after about a year.

Determining the Effectiveness of an online FeNO-guided asthma management Intervention in primary care

Background:

We want to find out whether using the FeNO test during asthma reviews can help improve care for asthma patients and reduce costs to the NHS.

The FeNO test is a breath test which measures the amount of nitric oxide in the air you breathe out. Nitric oxide is an indicator of possible inflammation in the airways, which can sometimes be found in people with asthma. Many asthma medications aim to reduce inflammation to help prevent asthma attacks. The FeNO test is safe and non-invasive. It involves blowing out into a mouthpiece in one long, slow breath.

Who is eligible to take part?

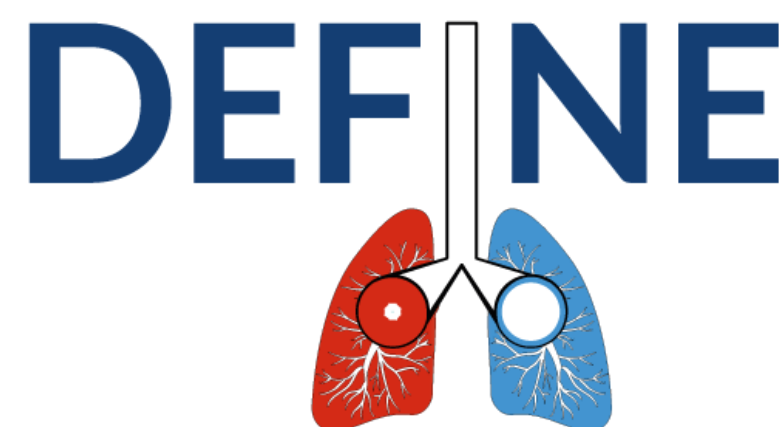
We are looking for people with asthma aged 12 years and over who have their asthma reviewed at their GP surgery.

Why should you take part?

The main advantage of taking part is an opportunity for you to contribute to research to improve how asthma is managed in GP surgeries. We do not yet know whether the FeNO test will improve care for patients with asthma; that is why we are doing this research.

If you are allocated to the group of people who will be having the FeNO test, your healthcare professional will be able to consider your FeNO result alongside the other information they normally consider during your asthma review.

Contact:



What does taking part involve?

- 1. Conversation about the Study.** A healthcare professional will talk with you about the study and ask if you have any questions about taking part.
- 2. Consent.** We will ask you to complete a consent form if you are happy to take part.
- 3. Randomisation.** You will then be randomly allocated to have your asthma review either with or without the FeNO test.
- 4. Peak Flow.** We will ask you to measure your peak flow when you enter the study and again one year later.
- 5. Questionnaires.** We will ask you to fill in some questionnaires about your asthma and general health when you enter the study and every three months after that for a year. If you fill in all our study questionnaires and provide us with a peak flow reading after a year, we will be able to offer you £10 in e-vouchers for online shopping or a suitable alternative.
- 6. Medical Notes.** We will collect some information from your medical notes shortly after you enter the study and again after about a year.